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Statin Attenuates Experimental Anti-Glomerular Basement Membrane Glomerulonephritis Together with the Augmentation of Alternatively Activated Macrophages

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Macrophages are heterogeneous and include classically activated M1 and alternatively activated M2 macrophages, characterized by pro- and anti-inflammatory functions, respectively. Macrophages that express heme oxygenase-1 also exhibit anti-inflammatory effects. We assessed the anti-inflammatory effects of statin in experimental anti-glomerular basement membrane glomerulonephritis and in vitro, focusing on the macrophage heterogeneity. Rats were induced anti-glomerular basement membrane glomerulonephritis and treated with atorvastatin (20 mg/kg/day) or vehicle (control). Control rats showed infiltration of macrophages in the glomeruli at day 3 and developed crescentic glomerulonephritis by day 7, together with increased mRNA levels of the M1 macrophage-associated cytokines, interferon-γ, tumor necrosis factor-α, and interleukin-12. In contrast, statin reduced the level of proteinuria, reduced infiltration of macrophages in glomeruli with suppression of monocyte chemotactic protein-1 expression, and inhibited the formation of necrotizing and crescentic lesions. The number of glomerular ED3-positive macrophages decreased with down-regulation of M1 macrophage-associated cytokines, and statin augmented ED3-positive macrophages with up-regulation of the M2 macrophage-associated expression of ED2-positive macrophages. Statin inhibited macrophage development, and suppressed ED3-positive macrophages, but augmented ED2-positive macrophages in M2-associated cytokine environment in vitro. We conclude that the anti-inflammatory effects of statin in glomerulonephritis are mediated through inhibition of macrophage infiltration as well as augmentation of anti-inflammatory macrophages. (Am J Pathol 2010, 177:1143–1154; DOI: 10.2353/ajpath.2010.090608)

Statins, inhibitors of 3-hydroxy-3-methylglutaryl CoA reductase, are widely used for the treatment of hyperlipidemia through reduction of cholesterol synthesis. In addition to their lipid lowering effect, recent evidence suggests that statins have other important properties, such as anti-atherogenic and tissue-protective functions. These functions of statin are mediated by blocking 3-hydroxy-3-methylglutaryl CoA reductase, and thereby inhibition of cholesterol synthesis, as well as blockade of the mevalonate pathway and the synthesis of isoprenoids (farnesyl pyrophosphate and geranylgeranyl pyrophosphate). Isoprenoids are essential for the post-translational modification of several proteins involved in important signaling pathways, and their inhibition would interfere with numerous important cellular functions, thus adding many additional “pleiotropic” effects for statins, such as protection of endothelial function, antioxidative effects, antithrombotic effects, and anti-inflammatory and immunomodulatory functions.1,2 Other studies have also demonstrated that statins have beneficial effects in renal diseases and impede the progression of renal injury through their anti-inflammatory and immunomodulatory effects.3

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In various kidney diseases, infiltrating macrophages are found in renal inflammatory sites, and their presence in the interstitium and glomeruli contributes to the severity of tissue injury and progression of renal diseases. Indeed, interstitial macrophages are involved in the extension of interstitial inflammation, microvascular injury, and progression of interstitial fibrosis. In addition, macrophages infiltrating the glomeruli enhance glomerular injury in various forms of glomerulonephritis (GN), such as antineutrophil cytoplasmic antibodies-associated GN, anti-glomerular basement membrane (GBM) GN, lupus nephritis, cryoglobulinemia, mesangiproliferative GN, IgA nephropathy, and diabetic nephropathy. Furthermore, in experimental anti-GBM GN in Wistar-Kyoto (WKY) rats, activated macrophages are the direct cause of necrotizing and crescentic glomerular lesions.

In the macrophage-associated inflammatory process, recent studies have focused on the heterogeneity of macrophage activation and in particular their ability to amplify or curtail inflammation. In response to environmental milieu, macrophage changes can give rise to different populations of cells with distinct functions that are categorized as either classically activated (M1) or alternatively activated (M2). Classically activated M1 macrophages are tissue injury type macrophages involved mainly in the expansion of inflammation. On the other hand, the M2 macrophages have immunoregulatory and immunosuppressive functions. In addition, heme oxygenase-1 (HO-1) positive (+) macrophages act as cytoprotective anti-inflammatory macrophages by local delivery of HO-1. Thus, in addition to the numbers of infiltrating macrophages, macrophage phenotype is important in determining the outcome of inflammatory disease.

While statins decrease the total number of infiltrating macrophages in renal diseases, it remains uncertain whether statins affect the composition of the macrophage population. In the present study, we investigated the influence of statin on macrophage phenotype, particularly pro-inflammatory and anti-inflammatory macrophages, in a rat model of macrophage-mediated immune glomerular injury induced by injection of anti-GBM antibody in WKY rats.

**Materials and Methods**

**Induction of Anti-GBM GN in WKY Rats**

The Ethics Review Committee for Animal Experimentation of Nippon Medical School approved the animal experiments described in the present study. Inbred male WKY rats (Charles River Japan, Kanagawa, Japan) that weighed 100 g were used in this study. Anti-GBM GN was induced by injection of rabbit anti-rat GBM antibody at a dose of 50 μg IgG/100 g body weight on day 0. The rats were either administered oral atorvastatin (20 mg/kg body weight/day) (statin group) or vehicle (control group) from 3 days before the injection of anti-GBM antibody through the day of sacrifice. We decided the dose of atorvastatin by the referring to the studies that demonstrate the anti-inflammatory effects of statin in several experimental models of inflammatory and autoimmune diseases as well as kidney transplantation. Atorvastatin was a generous gift from Pfizer (New York, NY). In each group, 10 rats underwent biopsy or were sacrificed at days 0, 3, 5, or 7. For estimating renal function, urine and blood samples were assayed for urinary protein and serum levels of total cholesterol, triglyceride, and high-density lipoprotein cholesterol using an autoanalyzer (SRL, Tokyo, Japan).

**Histopathology, Immunohistochemistry, and Electron Microscopy**

After removal of the kidney, renal tissues were fixed in 20% buffered formalin and embedded in paraffin for light microscopic examination. Tissues were stained with H&E, periodic acid-Schiff, and periodic acid-silver methenamine for histopathological examination. The following primary antibodies were used for immunohistochemistry: 1) Monoclonal mouse anti-rat ED1 antibody (BMA, Nagoya, Japan) for detection of infiltrating macrophages. 2) Monoclonal mouse anti-proliferating cell nuclear antigen (PCNA) antibody (PC10; DAKO, Glostrup, Denmark), a marker for cellular proliferation. 3) Monoclonal mouse anti-rat HO-1 and polyclonal rabbit anti-rat HO-1 antibody (Stressgen, Victoria, BC, Canada) for detection of HO-1-expressing cells. 4) Monoclonal mouse anti-rat ED2 antibody (BMA, Nagoya, Japan) for detection of M2 macrophages, because rat ED2 is CD163, which is expressed on M2 macrophages. 5) Monoclonal mouse anti-rat ED3 antibody (BMA) for detection of activated macrophages. Rat ED3 is known for tissue fixed macrophages, though bone marrow-derived macrophages stimulated by T cells are positive for ED3, indicating that anti-rat ED3 antibody can detect activated macrophages. 6) Polyclonal goat anti-rat interleukin-10 (IL-10) antibody (R&D Systems, Minneapolis, MN) for detection of IL-10-expressing cells. 7) Polyclonal goat anti- monocytic chemotactic protein-1 (MCP-1) antibody (Santa Cruz Biotechnology), 8) polyclonal goat anti-tumor necrosis factor-α (TNF-α) antibody (Santa Cruz Biotechnology), and 9) polyclonal goat anti-inducible nitric oxide synthesis (iNOS) antibody (Santa Cruz Biotechnology) for detection of cells that produce or express M1 macrophage-related chemokine, cytokine, or enzyme. 10) Polyclonal goat anti-CC chemokine ligand 17 (CCL17) antibody (Santa Cruz Biotechnology) for detection of M2-related chemokine-expressing cells.

For immunohistochemistry for ED1 and PCNA, 20%-buffered, formalin-fixed, paraffin-embedded tissue sections were used and the specimens were stained by the standard avidin-biotin-peroxidase complex technique. For ED1 and PCNA, tissue sections were incubated with 0.1% pepsin for 45 minutes (min) and microwaved for 10 minutes in 0.01 mol/L sodium citrate (pH 6.0), respectively, before incubation with the primary antibody. To evaluate the proliferating macrophages, double immunohistochemistry with PCNA and ED1 was performed using the color modification method of 3,3’-diaminobenzidine.
fluorescein isothiocyanate (FITC) and ED1 (mouse IgG1; FITC) or HO-1 (mouse IgG1; FITC) was performed. Both ED2+ and ED3+ cells that may have both characterization of M1 and M2 were examined by double immunohistochemical staining for ED2 (mouse IgG; FITC) or HO-1 (mouse IgG; FITC) was performed. For detection of IL-10 production by ED2+ and HO-1+ macrophages, double immunohistochemical staining with IL-10 (goat IgG; Texas-red) and ED2 (mouse IgG; FITC) or HO-1 (mouse IgG; FITC) was performed. Both ED2+ and ED3+ cells in which the primary antibody was substituted with equivalent concentrations of an irrelevant antibody.

For electron microscopic examination, the kidney sections were fixed in 2.5% glutaraldehyde solution in phosphate buffer (pH 7.4) and post-fixed with 1% osmium tetroxide, dehydrated, and embedded in Epok 812. Ultrathin sections were stained with uranyl acetate and lead citrate and then examined with an electron microscope (model H7100, Hitachi Corp., Tokyo, Japan).

**Real-Time PCR Using Isolated Glomeruli**

To examine the mRNA levels of IFN-γ, TNF-α, IL-12, IL-4, MCP-1, CCL17, mannose receptor, HO-1, and IL-10, real-time PCR was performed using isolated glomeruli that were prepared by the standard three-stage sieving method. The glomerular total RNA was extracted from isolated glomeruli by Qiagen RNeasy Mini kit (Qiagen, Hilden, Germany). A cDNA copy was created with reverse transcriptase from High Capacity RT-kit (Applied Biosystems, Foster City, CA). Gene expression was analyzed by real-time quantitative RT-PCR using the TaqMan system based on real-time detection of accumulated fluorescence according to the manual supplied by the manufacturer (ABI PRISM 7900HT, Applied Biosystems). The normalized value for mRNA expression in each sample was calculated as the relative quantity of relevant primers divided by the relative quantity of the housekeeping gene 18S ribosomal RNA (Taqman Ribosomal RNA Control kit; Applied Biosystems). The sequences of the TaqMan sets were as follows: HO-1 (Rn00561387_m1), IFN-γ (Rn00594078_m1), MCP-1 (Rn00585055_m1), IL-4 (Rn01456866_m1), TNF-α (Rn09999017_m1), IL-10 (Rn00563409_m1), mannose receptor (Rn01456616_m1), and IL-12 (Rn00575112_m1). Quantification was performed using SDS 2.1 software.

**Circulating Monocytes in Vivo and Macrophage Activation in Vitro**

To examine the effects of statin on the circulating monocytes/macrophages after the induction of anti-GBM GN, the number of circulating monocytes/macrophages and characterization of macrophages (ED1, ED2, and ED3) were assessed by the flow cytometric analysis in normal rats, rats in control group, and rats in statin group after the induction of anti-GBM GN.

The human monocytic cell line U937 (Cell No. JCRB9021) was obtained from Health Science Research Resources Bank (Osaka, Japan). Rat peritoneal macrophages (peritoneal resident cells) were collected from normal WKY rat by washing peritoneal cavities with the 20 ml ice cold RPMI 1640. U937 cells and rat peritoneal macrophages were maintained in RPMI1640 medium, supplemented with 10% fetal bovine serum, 50 μg/ml streptomycin, and antibiotics (100 U/ml penicillin, and 100 μg/ml streptomycin) at 37°C in 5% CO2. To detect the effects of statin on macrophage differentiation from U937, 5 × 105 U937 cells/ml were incubated with phorbol 12-myristate 13-acetate (100 ng/ml; Sigma, St Louis, MO) and atorvastatin (0, 0.5, or 2.5 μmol/L) for 3 days. Rat peritoneal macrophages were prepared as adherent cells 1 hour after they were incubated. To clarify the effects of statin on M1 or M2 differentiation from rat peritoneal macrophages, 5 × 106 cells/ml were incubated with lipopolysaccharide (LPS, Escherichia coli; Sigma; 1 μg/ml) (M1 macrophage condition) or 10 ng/ml of recombinant rat IL-4 and human IL-13 (M2 macrophage condition) for 24 hours in the presence or in the absence of 2.5 μmol/L atorvastatin (statin started 1 day earlier than LPS or IL-4 and IL-13 stimulation). Cultured U937 cells were stained with FITC-conjugated anti-CD11b antibody (Beckman Coulter, Fullerton, CA) and allophycocyanin- or phycoerythrin-conjugated anti-CD163 antibody (eBioscience), anti-mannose receptor antibody (BD Bioscience, San Jose, CA) or anti-CD169 antibody (Abcam, Cambridge, UK). For intracellular HO-1 staining, cells were fixed with 4% paraformaldehyde and permeabilized with 0.5% Triton X. After blocking with PBS containing 3% bovine serum albumin, cells were stained with rabbit anti-HO-1 antibody (Stressgen) following secondary staining with phycoerythrin-conjugated anti-rabbit IgG antibody (Santa Cruz Biotechnology). Cultured rat peritoneal macrophages were stained with mouse anti-ED2 antibody (AbD Serotec) or mouse anti-ED3 antibody (AbD Serotec) following the secondary staining with
FITC-conjugated rat anti-mouse IgG1 antibody (Biolegend) or rat anti-mouse IgG2a antibody (Biolegend). For intracellular ED1 staining, cells were fixed with 4% paraformaldehyde and permeabilized with 0.5% Triton X. After blocking them using PBS containing 3% bovine serum albumin, cells were stained with phycoerythrin-conjugated anti-ED1 antibody (AbD Serotec). Flow cytometric analysis was performed on FACSCanto II and FACSDiva 6.1 software (Becton Dickinson, San Jose, CA). Eight-well chamber slides were observed under a confocal scanning laser microscopy (TCS-SP5, Leica Lasertechnic) based on an upright microscope (DM6000B, Leica Lasertechnic) equipped with a krypton-argon laser.

Quantification of Histopathological Changes

In each kidney sample, more than 30 cross-sections of glomeruli were examined sequentially for the following parameters: 1) proliferating macrophages: the mean number of both PCNA+/H11001 and ED1+/H11001 cells per glomerular cross section; 2) infiltrating macrophages: the mean number of ED1+ cells per glomerular cross section; 3) infiltrating ED2+/H11001 or ED3+/H11001 cells: the mean number of ED2+ or ED3+ cells per glomerular cross section; 4) infiltrating HO-1+/H11001 cells: the mean number of HO-1+ cells per glomerular cross section; 5) single ED3+/H11001, both ED3+/H11001 and ED2+/H11001, and single ED2+/H11001 cells, as well as MCP-1+, TNF-α+, iNOS+, and CCL-17+ cells in ED3+ cells or ED2+ cells: the mean percentage of positive cells in glomeruli in double immunostain with ED3 and ED2, or in double immunostain with MCP-1, TNF-α, iNOS, or CCL-17 cells and ED3 or ED2; 6) necrotizing and crescentic glomeruli: the mean percentage of glomeruli with necrotic and crescentic lesions in periodic acid-silver methenamine-stained sections. Glomerular cross-sections that contained only a small portion of the glomerular tuft were excluded from the analysis. All histopathological evaluations were performed by investigators who were blinded to the clinical information.

The data were expressed as the mean ± SD. Statistical analysis was performed using Mann-Whitney’s U test. A P value < 0.05 denoted the presence of statistical significance.

Results

Serum Lipid Profiles

The levels of total cholesterol, triglyceride, and high-density lipoprotein cholesterol were not significantly different between before and after statin administration as well between the statin and control groups throughout the experiment (Table 1).

Table 1. Serum Lipid Profile in the Control (Vehicle) and Statin Groups

<table>
<thead>
<tr>
<th></th>
<th>Vehicle</th>
<th>Statin</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>Day 0</td>
<td>Day 7</td>
</tr>
<tr>
<td>T-Cho (mg/dL)</td>
<td>118.8 ± 5.0</td>
<td>125.3 ± 3.6</td>
</tr>
<tr>
<td>TG (mg/dL)</td>
<td>58.0 ± 19.2</td>
<td>75.3 ± 11.2</td>
</tr>
<tr>
<td>HDL-C (mg/dL)</td>
<td>30.0 ± 6.7</td>
<td>35.5 ± 5.3</td>
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T-Cho, total cholesterol; TG, triglyceride; HDL-C, high-density lipoprotein cholesterol.

Inflammatory Cell Infiltration and Crescentic Glomerular Lesions in Anti-GBM GN

A single injection of anti-rat GBM antibody on day 0 resulted in severe necrotizing and crescentic GN in WKY rats. In the control group, accumulation of glomerular inflammatory cells was noted at day 3, which was followed by severe necrotizing and crescentic lesions at days 5 to 7 (Figure 1). In contrast, in the statin group, mild mononuclear cells infiltrated the glomeruli at day 7 with minimal necrotizing and crescentic lesions (Figure 1 and Figure 2A). A significant reduction of urinary protein excretion was observed in the statin group compared with
that the control group at days 3 to 7 (Figure 2B). Despite the severe renal damage, serum creatinine levels did not increase at day 7 after induction of anti-GBM GN even in the control group, and no significant differences in serum creatinine levels were evident between the statin and control groups (data not shown).

**Effects of Statin on Macrophage Accumulation, Proliferation, and Activation**

After induction of anti-GBM GN, many infiltrating ED1+ macrophages were noted in the glomeruli at days 5 to 7 in the control group (Figure 3). By contrast, statin reduced ED1+ macrophage infiltration in glomeruli at day 7. Administration of statin decreased significantly the number of infiltrated ED1+ cells at days 3 and 7, compared with those in the control group (Figure 4A). Using PCNA expression as a marker of cell proliferation, many ED1+ PCNA+ proliferating macrophages were noted in the glomeruli of the control group. However, statin inhibited significantly the proliferation of macrophages in glomeruli at day 5 and 7 (Figure 4B and Figure 5). In addition, statin suppressed macrophage activation (enlargement in size and villi formation) and inhibited the infiltration into glomerular subendothelial spaces and mesangial areas from capillary lumens at day 7 (Figure 5). Statin also suppressed the up-regulation of mRNA levels of glomerular MCP-1 after disease induction at days 3 to 7 (Figure 4C). These findings suggested that statin did not only suppress macrophage infiltration into glomeruli through low expression of MCP-1, but also inhibited macrophage activation and proliferation at inflammatory sites.

**Statin Reduces Activated Macrophages and Inhibits the Production of IFN-γ, TNF-α, and IL-12 in Glomeruli**

In the present study, we examined activated macrophages using rat ED3. Many ED3+ macrophages were observed in glomeruli of the control group (Figure 6A). These ED3+ cells included many ED3 single positive cells and a few of both ED3+ and ED2+ cells and a few of ED2 single positive cells (Figure 7). In the statin group, only a few ED3+ cells infiltrated the glomeruli (Figure 6B). Statin significantly reduced the number of glomerular ED3+ macrophages at days 3 and 7 (Figure 6C). Glomerular infiltrating ED3+ macrophages expressed MCP-1, TNF-α, and iNOS (Figure 7). In real-time PCR of isolated glomeruli, overexpression of pro-inflammatory cytokines, including IFN-γ, TNF-α, and IL-12, was noted in the control group, but such upregulation was significantly inhibited at day 7 following statin administration (Figure 6, D–F). Activation of M1 macrophages by classical immune pathways involves an IFN-γ-dependent Th1-type response, and exposure to IFN-γ and TNF-α induces M1 polarization characterized by production of IL-12. These findings indicated the enhancement of M1 polarization in anti-GBM antibody-induced glomerular injury, which was inhibited by statin administration.

![Figure 2](image-url) Percentage of necrotizing and crescentic glomeruli (A) and urinary protein excretion (B) in the control (vehicle) and statin groups. Statin administration decreased significantly proteinuria and necrotizing and crescentic glomerular lesions by day seven. Data are mean ± SD; n = 5 in each time point in each group.

![Figure 3](image-url) Representative photomicrographs showing ED1-positive macrophages in glomeruli of the control (vehicle) and statin groups (ED1 stain, ×400). Many ED1-positive macrophages infiltrated the glomeruli at days five to seven in the control group. In contrast, statin reduced the number of glomerular ED1-positive macrophages throughout the experiment.
Statin Augments Anti-Inflammatory Macrophages and Increases CCL17 and IL-10 Production in Glomeruli

Rat ED2+ macrophages are considered as a subset of “alternatively activated” macrophages, because ED2 is identified CD163, which is known to be expressed on alternatively activated M2 macrophages. A few ED2+ macrophages were observed in the glomeruli of the control group. By contrast, many ED2+ macrophages were present in the glomeruli of the statin group (Figure 8, A and B). Quantitative analysis confirmed that statin increased significantly the number of glomerular ED2+ macrophages in a time-dependent manner (Figure 8C). M2 macrophages are mediated by various stimuli, including IL-4, and preferentially express receptors for foreign antigens, such as mannose receptor. In addition, M2 macrophages can produce CCL17. Glomerular infiltrating ED2+ macrophages expressed CCL17 (Figure 7). Real-time PCR of isolated glomeruli showed that statin up-regulated significantly the mRNA levels of IL-4, mannose receptor, and CCL17, compared with the control group (Figure 8, D–F). These findings indicated that statin stimulated the development of anti-inflammatory M2 macrophages and augmented CCL17 expression in glomerular inflammation.

We also examined the involvement of HO-1+ macrophages in the suppression of anti-GBM GN. In double immunostaining for HO-1 and ED1, many HO-1+ cells also expressed ED1+, indicating that ED1+ macrophages are the major source of HO-1+ cells in the glomeruli (Figure 9, A and B). Administration of statin increased significantly the number of HO-1+ cells in glomeruli at days 5 and 7 (Figure 9C), and up-regulated HO-1 mRNA levels in isolated glomeruli at days 3 to 7, compared with the control group (Figure 9F). Importantly, double immunostaining for HO-1 and ED2 indicated that many HO-1+ macrophages also expressed ED2 in glomeruli (Figure 9, D and E).

Finally, we examined IL-10-expressing cells. In double immunostaining for IL-10 and ED2 in the statin group, ED2+ macrophages expressed IL-10 (Figure 10, A and B). Interestingly, double immunostaining for IL-10 and HO-1 identified IL-10-expressing HO-1+ macrophages in the statin group (Figure 10, D and E). Furthermore, the mRNA levels of IL-10 were up-regulated significantly in...
isolated glomeruli from the statin-treated rats at days 3 to 7, compared with the control group (Figure 10C). These results indicated that statin increased the production of IL-10, which was associated with ED2 and HO-1 macrophages in glomerular inflammation.

The Effects of Statin on Monocytes/Macrophages in Vivo and Macrophage Activation in Vitro

The number of circulating monocytes examined by the flow cytometric analysis did not change after the induction of anti-GBM GN with or without statin (1.01 ± 0.48 × 10⁵ cells/ml in normal rats, 0.71 ± 0.40 × 10⁵ cells/ml in control rats, and 1.21 ± 1.73 × 10⁵ cells/ml in statin group rats). In addition, ED2+ and ED3+ macrophages could not be detected in peripheral blood in normal rats, rats in control group, and rats in statin group on day 7 (data not shown).

To study the effects of statin on macrophage differentiation from monocytes, human monocytic cell line U937 was treated with phorbol 12-myristate 13-acetate in the absence or in the presence of statin for 3 days (Figure 11, A and B). Statin inhibited CD11b expression (macrophage differentiation marker) in U937 cells in a dose dependent manner. In CD11b U937 cells after 3 days of culture, HO-1 expression was significantly increased when U937 cells were treated with 2.5 mol/L statin. The
expression of CD163, mannose receptor, and CD169 on U937 cells were not significantly different between absence and presence of statin (data not shown). To clarify the effects of statin on M1 or M2 differentiation, rat peritoneal macrophages were treated with LPS (M1 differentiation) or IL-4 and IL-13 (M2 differentiation) in the presence and in the absence of statin for 24 hours (statin started 1 day earlier than LPS or IL4 and IL-13 stimulation) (Figure 12). In the absence of statin, 46.9% of the ED1+ cells expressed ED3 24 hours after LPS stimulation. However, there were 28.9% in the presence of statin. On the other hand, 21.7% of ED1+ cells expressed ED2 24 hours after IL-4 and IL-13 stimulation in the absence of statin, although there were 62.5% in the presence of statin. In addition, statin inhibited the morphological changes of macrophages that were characterized by spindle, stellate, polygonal shaped cells after LPS or IL-4 and IL-13 stimulation.

Figure 8. Anti-inflammatory M2 macrophages and related protein, chemokine, and cytokine in glomeruli of the control (vehicle) and statin groups. A, B: An immunofluorescence study of ED2-positive cells at day 7 (rat ED2, red) and C: numbers of ED2-positive cells per glomerular cross section (GCS) showed the small number of ED2-positive cells in the control group. However, statin significantly increased the proportion of ED2-positive cells in the glomeruli. The mRNA levels of IL-4 (D, M2 macrophage-inducible cytokine), mannose receptor (E, M2 macrophage-related protein), and CCL17 (F, M2 macrophage-related chemokine) in the control and statin groups showed that these M2 macrophages and related protein, chemokine, and cytokine were up-regulated in the statin group when compared with those in the control group. Data in C-F are mean ± SD, n = 5 in each time point in each group.
Discussion

In the present study, anti-GBM GN in WKY rats was characterized by infiltration of mononuclear cells in the glomeruli from the early stage after disease induction, followed by the development of severe necrotizing and crescentic GN and profound proteinuria. Progression of GN was associated with accumulation of ED1/H11001 and ED3/H11001 macrophages in glomeruli and increased production of M1 macrophage-associated cytokines, IFN-γ/H9253, TNF-α/H9251, and IL-12. On the other hand, atorvastatin (20 mg/kg/day) reduced glomerular inflammation, necrotizing and crescent formation, resulting in reduction of proteinuria without alteration in serum lipid profile. The renoprotective effect of statin seems to be associated with inhibition of ED1+ macrophage infiltration through down-regulation of glomerular MCP-1 expression, and reduction of ED3+ macrophages with down-regulation of M1-related pro-inflammatory cytokines. Furthermore, statin augmented alternatively activated macrophages (M2) and HO-1/H11001-positive cells in glomeruli of statin-treated rats. Data in C are mean ± SD; n = 5 in each time point in each group.

In the present study, severe crescentic GN was induced in WKY rats by administering a small dose of anti-GBM antibody.17 This model is characterized by massive accumulation of macrophages (ED1+ cells) in the glomeruli and by a high frequency of necrotizing glomerular lesions and crescent formation. Enhanced infiltration of macrophages in glomeruli by chemokines and adhesion molecules, such as MCP-1 and ICAM-1, is a crucial event for the initiation and subsequent progression of anti-GBM GN.36,37 In addition, depletion of macrophages results in marked suppression of necrotizing and crescentic glomerular lesions in this model.19,38 stressing the pivotal role for macrophages in glomerular injury and crescent formation.

Macrophage infiltration is a common feature in renal diseases, and their presence is synonymous with tissue damage and progressive renal failure. However, in macrophage-dependent inflammation, recent studies have also demonstrated the heterogeneity of activated macrophages and their ability to function not only to enhance but also suppress inflammation.13,20,22,30 LPS and pro-inflammatory stimuli such as IFN-γ or TNF-α, induce classically activated M1 macrophages, which produce pro-
inflammatory cytokines, IFN-γ, TNF-α, and IL-12. M1 macrophages have antimicrobial and cytotoxic properties, which underlie their role in host responses to infection. M1 macrophages are also involved in various macrophage-dependent tissue injuries and several autoimmune diseases, such as rheumatoid arthritis and inflammatory bowel disease.29-31 In the present study, ED2+ macrophages were stimulated with LPS (M1 condition) or IL-4 and IL-13 (M2 condition) for 24 hours in the presence or in the absence of 2.5 μmol/L statin. In the results of the flow cytometric analysis, cells were gated on ED1-positive macrophages, and percentage of ED3+ or ED2+ positive cells in total ED1-positive macrophages was indicated. Statin inhibited the development of ED3-positive macrophages under LPS stimulation. On the other hand, statin augmented ED2-positive macrophages under IL-4 and IL-13 stimulation. Confocal scanning laser micrographs, the morphology of rat peritoneal macrophages was characterized by enlarged spindle, stellate, and polygonal shaped cells after LPS or IL-4 and IL-13 stimulation. However, statin inhibited these morphological changes even after LPS or IL-4 stimulation.

Figure 12. Effects of statin on M1 and M2 macrophage differentiation in vitro. Rat peritoneal macrophages were stimulated with LPS (M1 condition) or IL-4 and IL-13 (M2 condition) for 24 hours in the presence or in the absence of 2.5 μmol/L statin. In the results of the flow cytometric analysis, cells were gated on ED1-positive macrophages, and percentage of ED3+ or ED2+ positive cells in total ED1-positive macrophages was indicated. Statin inhibited the development of ED3-positive macrophages under LPS stimulation. On the other hand, statin augmented ED2-positive macrophages under IL-4 and IL-13 stimulation. Confocal scanning laser micrographs, the morphology of rat peritoneal macrophages was characterized by enlarged spindle, stellate, and polygonal shaped cells after LPS or IL-4 and IL-13 stimulation. However, statin inhibited these morphological changes even after LPS or IL-4 stimulation.

Inflammatory bowel disease.39,40 ED3 is sialoadhesin (CD169), which was originally identified as an erythrocyte receptor expressed by subsets of “activated” macrophages,32,33 and ED3+ cell accumulation has been described in chronic inflammatory lesions, including GN.31,32 In the present study, many ED3+ macrophages accumulated in glomeruli with up-regulation of pro-inflammatory cytokines, IFN-γ, TNF-α, and IL-12 during the progression of anti-GBM GN. In addition, ED3+ macrophages expressed MCP-1, TNF-α, and iNOS. In rat anti-GBM GN model, ED3+ macrophages seemed to have biological features similar to M1 macrophages.

On the other hand, alternatively activated M2 macrophages play an important role in immunoregulatory and immunosuppressive responses.30 The M2 macrophage activation pathway typically deactivates macrophages after exposure to Th2-type cytokines, such as IL-4 and IL-13.12,21,22,30 M2 macrophages express mannose receptor and secrete CCL17 and IL-10, but only little or no TNF-α, IFN-γ, and IL-12. Unlike M1 macrophages, the M2 macrophages seem to help resolve inflammation through high endocytic clearance capacities and production of IL-10, TGF-β, and CCL17, in addition to reduction of pro-inflammatory cytokine secretion. In rats, ED2+ macrophages are considered equivalent to M2 macrophages, because rat ED2 is identified CD163, which is known to be expressed on M2 macrophages.22,29,30 In the present study, statin increased the number of ED2+ macrophages, although it decreased the total number of glomerular macrophages, and augmented M2 macrophage-associated chemokine and cytokine, CCL17 and IL-10. CCL17 is a chemokine known as thymus and activation regulated chemokine (TARC), which induces selective migration of lymphocytes, especially the Th2 phenotype.41 In addition, CCL17 has anti-inflammatory effect also by inhibiting the immunological functions expressed by classically activated macrophages.30,34 In the present study, ED2+ macrophages in glomeruli in the statin group expressed CCL17. IL-10 has an important anti-inflammatory role with a wide-spectrum biological effect on dendritic cells, lymphocytes, and macrophages.43 IL-10 can inhibit macrophage activation, through the suppressing the production of pro-inflammatory mediators, including TNF-α, IL-1β, macrophage colony-stimulating factor, and reactive oxygen species. Thus, CCL17 and IL-10 produced by M2 macrophages might contribute to the inhibition of glomerular inflammation in this model. Recently, M2 macrophages have been further subdivided into M2a, M2b, and M2c, or regulatory, wound-healing, and tumor-associated macrophages.21,43 Further study is important to examine the detailed characteristics and functions of macrophages after the statin treatment, as well as the anti-inflammatory functions.

In response to Th1- and Th2-type cytokines, macrophages express specialized and polarized functional properties, and differentiate into M1 or M2 macrophages.44 Th1- and Th2-type cytokines are secreted by mainly CD4+ Th1 or Th2 cells. In the present study, only a few CD4+ cells infiltrated the glomeruli (0.2 ± 0.4 cells in the control group vs 0.3 ± 0.5 cells in the statin group per glomerular cross section on day 7). However, in the statin group, CD4+ cell-derived glomerular IL-4 was up-regulated after statin administration. These results suggested that, although the number of CD4+ cells was very low and not significantly different between control and statin groups, a few of these CD4+ cells contributed to the suppression of glomerular inflammation through Th2-type cytokines. On the other hand, similar to CD4+ Th1 cells, CD8+ cells play an important role in cellular cytotoxicity and macrophage activation through the production of Th1-type cytokines, including INF-γ.45 Contrary, ED3+ macrophages may also promote T-cell immunity. ED3 (CD169) has been identified as a lymphocyte adhesion molecule, suggesting that ED3+ macrophages may contribute to the recruitment of lymphocytes in inflammatory sites.46 In addition, ED3+ macrophages have antigen presentation functions through the process exogenous antigens and stimulate MHC class I peptide-restricted CTL response by CD8+ cells.47 These findings suggest that the inflammatory injuries by CD8+ cells and macrophages enhance with a positive augmentation loop.
between ED3+ macrophages and CD8+ cells. In the present study, many CD8+ cells infiltrated the glomeruli in control group, but statin inhibited the infiltration of CD8+ cells into glomeruli (5.6 ± 0.5 cells in the control group vs 4.0 ± 0.5 cells in the statin group per glomerular cross section on day 7, P < 0.05). Further studies are warranted to elucidate the effects of statin not only for macrophage activation but also for T cell activation, as well as the alterations of immunomodulatory properties in this model. Indeed, several studies have demonstrated the effects of statin on endothelial cells, neutrophil, and T cell and B cell activation, as well as the alterations of immunomodulatory properties.48–51

In addition to M1 and M2 phenotypes of macrophages, our study showed the appearance of HO-1+ macrophages after administration of statin. HO-1 plays a central role in heme metabolism, and also protects cells from injury evoked by various oxidative stresses.52,53 A recent study demonstrates that statins can induce HO-1 in infiltrating macrophages both in vitro and in vivo, and that HO-1+ macrophages can act to limit local tissue destruction and support tissue repair by local delivery of HO-1 in the ischemia-reperfusion acute kidney injury model.23 Our study also indicated that statin induced HO-1+ macrophages, which might act as anti-inflammatory macrophages by producing IL-10 in glomerular inflammation. Interestingly, CD163 (rat ED2) mediates hemoglobin-heme uptake and activates HO-1 in macrophages, which elicit IL-10 secretion.54 In addition, IL-10 induces HO-1 expression in murine macrophage cell line.52 These findings suggest that the anti-inflammatory process encompasses a positive augmentation loop between M2 macrophages, HO-1+ macrophages and IL-10.

In our in vitro study, the results of monocytic U937 cell line indicated that the statin affects monocytes directly and inhibited the macrophage differentiation as well as mediated HO-1+ anti-inflammatory macrophages. In rat peritoneal macrophages, statin inhibited the development of ED3+ macrophages. In addition, statin augmented ED2+ macrophages in M2-associated cytokine environment. In our in vitro study, we cannot demonstrate the direct evidence of the phenotype transition of macrophages, M1 to M2, by statin. However, in our in vivo study, together with many ED2 single-positive and a few ED3 single-positive cells, both ED2+ and ED3+ cells were present in the glomeruli in the statin group. Both ED2+ and ED3+ cells may have both characterization of M1 and M2, and these results may suggest the possibility of transition of macrophages from M1 to M2 in local sites in vivo. Recent reports in vivo and vitro studies support our consideration that macrophages display remarkable plasticity and can change their physiology in response to environmental cues.43,55

It is very important to clarify the mechanism of statin-mediated augmentation of M2 with up-regulation of M2-related cytokines in inflammatory sites. Especially, it is mediated whether by direct effects of statin or indirect effects of statin through T cells or other immune-modulating properties.

In various experimental models of GN, statin exerts anti-inflammatory, and has several renoprotective, effects.1–3,23–25 Several mechanisms have been proposed to explain the renal beneficial effects of statins: 1) inhibition of mesangial proliferation, 2) inhibition of induction of TGF-β and expansion of extracellular matrix, 3) inhibition of induction of MCP-1 and reduction of macrophage infiltration, 4) amelioration of inflammation and reduction of oxidative stress, 5) amelioration of podocyte damage, and 6) hemodynamic effects on endothelial function and vasodilatation. The present study indicated that, in addition to the reduction of glomerular macrophage infiltration through inhibition of MCP-1 production, statin inhibited M1 macrophage activation, as well as enhanced the development of M2 macrophages and HO-1+ macrophages, and attenuated anti-GBM GN. To our knowledge, this is the first study to demonstrate the effects of statins on macrophage phenotype in an experimental GN, including increased proportion of anti-inflammatory macrophages while decreasing the total number of infiltrating glomerular macrophages. Interventions designed to block M1 generation and/or enhance M2 polarity may be therapeutically feasible. The potential benefit of cellular therapies based on infusion of peripheral monocytes primed ex vivo by exposure to IL-4 and IL-13, to induce M2 macrophages, was reported in a mouse model of kidney disease.35 Similarly, the present study provides the rationale for the use of statin as a therapeutic agent to limit the progression of inflammatory diseases. The therapeutic application of statin in severe GN with extensive glomerular inflammation may be clinically useful, through not only inhibition of macrophage infiltration and M1 activation, but also through the increase in M2 macrophages.

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References

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