Blockade of p38 Mitogen-Activated Protein Kinase Inhibits Murine Sclerodermatous Chronic Graft-versus-Host Disease

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Bone marrow transplantation (BMT) of B10.D2 mice into sublethally irradiated BALB/c mice across minor histocompatibility loci is a well-established animal model for human sclerodermatous chronic graft-versus-host disease (Scl-cGVHD) and systemic sclerosis (SSc). The p38 mitogen-activated protein kinase (MAPK) pathway is a key regulator of inflammation and cytokine production. Furthermore, the activation of p38 MAPK plays an important role in collagen production in SSc. We investigated the effects of p38 MAPK inhibitor, VX-702, on Scl-cGVHD mice. VX-702 was orally administered to Scl-cGVHD mice from day 7 to 35 after BMT. We compared skin fibrosis of Scl-cGVHD mice between the VX-702 treated group and control group. Allogeneic BMT increased the phosphorylation of p38 MAPK in the skin. The administration of VX-702 attenuated the skin fibrosis of Scl-cGVHD compared to the control mice. Immunohistochemical staining showed that VX-702 suppressed the infiltration of CD4⁺ T cells, CD8⁺ T cells, and CD11b⁺ cells into the dermis of Scl-cGVHD mice compared to the control mice. VX-702 attenuated the mRNA expression of extracellular matrix and fibrogenic cytokines, such as IL-6 and IL-13, in the skin of Scl-cGVHD mice. In addition, VX-702 directly inhibited collagen production from fibroblasts in vitro. VX-702 was shown to be a promising candidate for use in treating patients with Scl-cGVHD and SSc. (Am J Pathol 2017, 187: 841–850; http://dx.doi.org/10.1016/j.ajpath.2016.12.016)
The p38 mitogen-activated protein kinase (MAPK) is a key regulator of the signaling cascade controlling cellular responses to cytokines and stress.\textsuperscript{8–11} In mammals, including humans, four isoforms of p38 MAPK (namely, p38\(\alpha\), \(\beta\), \(\gamma\), and \(\delta\)) have been identified. The distribution of each p38 MAPK isoform has a different tissue-specific pattern.\textsuperscript{12,13} Although the p38\(\alpha\) MAPK is broadly expressed in various cell types, p38\(\beta\) is mostly expressed in brain and lung tissues; p38\(\gamma\) is uniquely expressed in skeletal muscle and the nervous system; and p38\(\delta\) is highly expressed in the lung, kidney, uterus, and pancreas. The p38 MAPKs are activated by multiple extracellular stimuli, such as inflammatory cytokines, stress signals (e.g., lipopolysaccharide), and osmotic shock.\textsuperscript{8–11,14} The activation of p38 MAPKs is mediated by the phosphorylation of Thr180 and Tyr182, and activated p38 MAPK results in the transcriptional activation of cytokines and cellular responses.\textsuperscript{14,15}

The p38\(\alpha\) isoform plays the most important regulatory role of the inflammatory response; thus, it has been considered a therapeutic target in various diseases, such as rheumatoid arthritis and acute coronary syndrome.\textsuperscript{16,17} Clinical trials of VX-702, a highly selective inhibitor of the p38\(\alpha\) isoform of MAPK, have shown modest clinical efficacy, together with the transient suppression of inflammation biomarkers, in rheumatoid arthritis patients.\textsuperscript{16} VX-702 has little or no central nervous system penetration, whereas other p38\(\alpha\) MAPK inhibitors, such as SCIO-469 and pamapimod, have unacceptable adverse events on the central nervous system.\textsuperscript{18,19}

Fibroblasts from human SSc have been found to show constitutive phosphorylation and activation of p38 MAPK.\textsuperscript{20,21} Furthermore, the p38 MAPK inhibitor suppressed the up-regulated expression of type I collagen in SSc fibroblasts.\textsuperscript{21} Thus, p38 MAPK plays an important role in the pathogenesis of SSc. The current study investigated the effects of oral blockade of the p38 MAPK VX-702 on Scl-cGVHD mice.

**Materials and Methods**

**Mice**

B10.D2 (H-2\(^b\)) and BALB/c (H-2\(^d\)) mice were purchased from Japan SLC (Shizuoka, Japan). The mice were housed in a specific pathogen-free barrier facility. All studies and procedures were approved by the Committee on Animal Experimentation of Kanazawa University Graduate School of Medical Science (Kanazawa, Japan).

**Bone Marrow Transplantation**

In this study, 8- to 12-week-old male B10.D2 and female BALB/c mice were used as donors and recipients, respectively. BM was T cell depleted with anti-Thy1.2 microbeads (Miltenyi Biotech, Auburn, CA). BALB/c recipients were irradiated with 800 cGy (MBR-1520R; Hitachi, Tokyo, Japan) and were injected via the tail vein with 10 \(\times\) 10\(^6\) T-cell–depleted BM and 10 \(\times\) 10\(^6\) splenocytes in 0.5 mL phosphate-buffered saline to generate Scl-cGVHD (alloge- neic BMT). A control syngeneic group of female BALB/c mice received male BALB/c T-cell–depleted BM and splenocytes (syngeneic BMT).

**Contact Hypersensitivity Response**

Mice were sensitized on the shaved abdominal flank skin with 0.5% 2,4-dinitrofluorobenzene (Sigma-Aldrich, St. Louis, MO), in acetone and olive oil (4:1 v/v) for 2 consecutive days. Five days later, contact hypersensitivity was elicited by applying 0.25% 2,4-dinitrofluorobenzene on the right ear. The left ear was treated with acetone/olive oil alone as a control. Ear thickness was measured in a blinded manner (M.K. and T.K.) using a micrometer before and after the challenge every 24 hours for 120 hours.

**Reagents**

VX-702 (Cayman Chemical, Ann Arbor, MI) is an inhibitor of p38 MAPK, binding to both p38\(\alpha\) and p38\(\beta\) in an ATP-competitive manner. VX-702 was orally administered to allogenic recipients at a dose of 10 mg/kg from day 7 to 34 after BMT. The oral dose of VX-702 has been described previously.\textsuperscript{17} Control mice received distilled water only.

**cGVHD Skin Score**

The clinical cGVHD score was obtained as previously described.\textsuperscript{22} Mice were weighed every 6 days after BMT and scored for skin lesion of cGVHD, beginning at approximately day 18. The scoring was as follows: healthy appearance, 0; skin lesions with alopecia equal to or less than 1 cm\(^2\) in area, 1; skin lesions with alopecia 1 to 2 cm\(^2\) in area, 2; skin lesions with alopecia 1 to 5 cm\(^2\) in area, 3; skin lesions with alopecia 5 to 10 cm\(^2\) in area, 4; skin lesions with alopecia 10 to 15 cm\(^2\) in area, 5; skin lesions with alopecia 15 to 20 cm\(^2\) in area, 6; and skin lesions with alopecia >20 cm\(^2\) in area, 7. The skin lesion area was traced on a paper, and the traced area was scanned and measured using the ImageJ software version 1.51 (NIH, Bethesda, MD; http://rsb.info.nih.gov/ij). Furthermore, animals were assigned 0.4 points for skin disease (lesions or scaling) on the tail and 0.3 points each for lesions on the ears and paws. The minimum and maximum scores were thus 0 and 8, respectively. Final scores for dead animals were maintained in the data set for the remaining time points.

**Histologic Analysis**

The skin, lungs, and colon were fixed in 10% formalin and embedded in paraffin. Sections (6 \(\mu\)m thick) were stained with hematoxylin and eosin and Masson’s trichrome. Dermal collagen thickness was measured from the upper...
dermis to the lower dermis by microscopy. The blue-stained area on Masson’s trichrome staining, representing collagen, was quantified using ImageJ software version 1.51.

Immunohistochemical Staining of the Skin

The skin samples from Scl-cGVHD mice were removed and frozen in liquid nitrogen using embedding medium for frozen tissue specimens (Tissue-Tek OCT compound; Sakura Finetek, Tokyo, Japan) and stored at −70°C until use. Frozen sections (5 μm thick) were immediately fixed in cold acetone and were incubated with rat anti-mouse CD4 monoclonal antibody (RM4-5 clone; BD Biosciences, San Jose, CA), rat anti-mouse CD8 monoclonal antibody (53-6.7 clone; BD Biosciences), rat anti-mouse CD11b monoclonal antibody (M1/70 clone; BD Biosciences), or phospho-p38 MAPK (pT180/pY182; BioLegend, San Diego, CA). Sections were then incubated sequentially with a biotinylated goat anti-rabbit IgG secondary antibody (BD Biosciences), followed by incubation with horseradish peroxidase—conjugated avidin-biotin complexes (Vectastain ABC method; Vector Laboratories, Burlingame, CA). Sections were washed three times with phosphate-buffered saline between incubations, developed with 3,3'-diaminobenzidine tetrahydrochloride and hydrogen peroxide, and then counterstained with hematoxylin. Positive cells were counted in five high-power fields, and the average/high-power field was calculated.

Preparation of Skin Cell Suspensions for Flow Cytometry

A 2 × 2-cm piece of depilated back skin was minced and then digested in 7 mL of RPMI 1640 medium—10% fetal bovine serum containing 2 mg/mL collagenase (Sigma-Aldrich), 1.5 mg/mL hyaluronidase (Sigma-Aldrich), and 0.03 mg/mL DNase I (Sigma-Aldrich) at 37°C for 90 minutes. Digested cells were then passed through a 70-μm cell Falcon Cell Strainer (BD Biosciences) to generate single-cell suspensions. The cell suspension was centrifuged at 300 × g for 10 minutes. The pellet was resuspended in 70% Percoll solution (GE Healthcare, Uppsala, Sweden), and then overlaid by 37% Percoll solution (GE Healthcare), followed by centrifugation at 500 × g for 20 minutes at room temperature. Cells were aspirated from the Percoll interface and passed through a 70-μm cell strainer. Subsequently, the cells were harvested by centrifugation and washed.

Fibroblast Culture

Skin samples (1 × 1 cm) were taken from the para-midline lower back region of naïve BALB/c mice, as previously described. To obtain fibroblasts, the tissue was cut into 1-mm³ pieces; placed in sterile plastic dishes; and cultured in Dulbecco’s modified Eagle’s medium (Invitrogen, Carlsbad, CA) containing 10% heat-inactivated fetal calf serum, 100 U/mL penicillin (Invitrogen), and 100 μg/mL streptomycin (Invitrogen) at 37°C in a humidified 5% CO₂ atmosphere. After 2 to 3 weeks of incubation, outgrowing fibroblasts were detached by brief trypsin treatment and recultured in the medium. Confluent cultures of fibroblasts were serum starved for 12 hours and then pretreated with dimethyl sulfoxide or various concentrations of VX-702. One hour later, cells were stimulated with 10 ng/mL TGF-β2 (BioLegend) and incubated for another 24 hours. The supernatant was harvested, and the monolayers were washed. The cells were used immediately in experiments, as indicated. All experiments used fibroblasts between passages 2 and 5, depending on the number of cells obtained initially from the tissue samples. Cultured fibroblasts were adherent to the dish and maintained the typical spindle-shaped aspect. The purity of fibroblasts, as confirmed by flow cytometry, was >99% with no leukocytes found in the harvested cells (data not shown). In each experiment, all of the cell lines were examined at the same time and under the same conditions of culture (eg, cell density, passage, and days after plating).

RT-PCR

Total RNA was isolated from frozen skin specimens or cultured fibroblasts using RNaseq spin columns (Qiagen, Hilden, Germany) and digested with DNase I (Qiagen) to remove chromosomal DNA. Total RNA was reverse transcribed to cDNA using a reverse transcription system with random hexamers (Promega, Southampton, UK). Cytokine mRNA was analyzed using real-time RT-PCR quantification (Applied Biosystems, Foster City, CA). Real-time RT-PCR was performed on an ABI Prism 7000 sequence detector (Applied Biosystems). Glyceraldehyde-3-phosphate dehydrogenase was used to normalize the mRNA. The relative expression of real-time RT-PCR products was determined according to the ΔΔCt method to compare target gene and glyceraldehyde-3-phosphate dehydrogenase mRNA expression.

Determination of Collagen Content and Procollagen I α1 Content

Collagen content of fibroblast culture supernatant was determined using QuickZyme Total Collagen Assay (QuickZyme Biosciences, Leiden, the Netherlands), according to the manufacturer’s instructions. The procollagen I α1 content of the inflamed skin was determined using the Mouse Pro-Collagen I Alpha 1 enzyme-linked immunosorbent assay kit (Abcam, Cambridge, MA), according to the manufacturer’s instructions.

Statistical Analysis

All data are shown as means ± SEM. The significance of differences between sample means was determined by t-test.
Results

Phosphorylation of p38 MAPK Is Augmented in the Inflamed Skin from Scl-cGVHD Mice

The p38 MAPK plays a critical role in the production of cytokines and inflammation. Activation of p38 MAPK is mediated by the phosphorylation of Thr180 and Tyr182. To investigate whether the phosphorylation of p38 MAPK (Thr180/Tyr182) increases after allogeneic transplantation, p38 MAPK phosphorylation in the inflamed skin was measured by immunohistochemical staining of the skin 14 days after allogeneic BMT (Figure 1). Phosphorylation of p38 MAPK occurred in both the nuclear and cytoplasmic compartments of cells (Figure 1A). When compared with syngeneic BMT, phosphorylation of p38 MAPK was significantly higher in the inflamed skin 14 days after BMT (Figure 1B). Therefore, p38 MAPK was activated after allogeneic BMT.

VX-702 Administration Attenuates Scl-cGVHD

To determine whether the p38 MAPK inhibitor affects skin fibrosis in Scl-cGVHD mice, the p38 MAPK inhibitor, VX-702, was orally administrated to allogeneic BMT recipients from day 7 to day 35 after BMT. Skin fibrosis and alopecia develop at approximately 20 days after BMT in Scl-cGVHD mice. In this study, skin fibrosis and alopecia developed 18 days after BMT in the water-treated (control) group, whereas the development of skin fibrosis and alopecia in the VX-702-treated group was delayed to 24 days after BMT. In addition, VX-702 treatment significantly improved skin scores in comparison with the control group (P < 0.05) (Figure 2A). VX-702 treatment also significantly improved body weight loss in comparison with the control group (P < 0.05) (Figure 2B). A representative image shows a water-treated (control) Scl-cGVHD mouse having severe and extensive skin fibrosis and alopecia, whereas a VX-702-treated mouse shows mild Scl-cGVHD (Figure 2C). These results were also verified by histopathology. The skin was significantly thinner in the VX-702-treated group than in the control group (P < 0.05) (Figure 2, D and E). In addition, the fibrotic area in the skin was significantly narrower in the VX-702-treated group than in the control group (P < 0.05) (Figure 2B). The procollagen I α1 content in the inflamed skin of the VX-702-treated group also significantly decreased compared with that of the control group (P < 0.05) (Figure 2H). In addition, the fibrotic area in the lungs and gut was significantly narrower in the VX-702-treated group than in the control group (P < 0.05) (Figure 3). Thus, the administration of p38 MAPK inhibitor attenuated the fibrosis of skin, lungs, and gut in Scl-cGVHD mice.

VX-702 Treatment Reduces the Infiltration of Immune Cells into the Skin

The infiltration of donor cells into skin was observed in early Scl-cGVHD mice but not in syngeneic animals. To evaluate immune cell infiltration into the skin in mice with Scl-cGVHD, back skin samples obtained 36 days after BMT were stained with anti-CD4, anti-CD8, and anti-CD11b monoclonal antibodies. Immunohistochemical staining revealed that infiltration of CD4+ T cells, CD8+ T cells, and CD11b+ monocytes/macrophages into the skin was significantly reduced in the VX-702-treated groups compared with the control group (70%, P < 0.05; 65%, P < 0.05; 80%, P < 0.05; respectively) (Figure 4, A–F). Fluorescence-activated cell sorting analysis also revealed that infiltration of CD4+ T cells, CD8+ T cells, and CD11b+ monocytes/macrophages into the skin was significantly reduced in the VX-702-treated groups compared with the control group (P < 0.05) (Figure 4, G–K). In addition, phosphorylated p38 MAPK of skin-infiltrating cells in the VX-702-treated groups was significantly reduced compared with that in the control group (Supplemental

![Figure 1](https://example.com/figure1.png)
Thus, the inhibition of p38 MAPK significantly reduces the infiltration of immune cells into the skin of Scl-cGVHD mice.

**VX-702 Treatment Reduces mRNA Expression of Type I Collagen but Not of Cytokines in the Skin 36 Days after BMT**

Cytokines are critical for the development of tissue fibrosis in SSc and SSc mouse models.25–27 Previous studies have suggested that some cytokines, such as IL-1β, IL-6, IL-13, and tumor necrosis factor-α, regulate dermal fibroblast proliferation and ECM deposition, such as collagen and fibronectin 1.28–31 In addition, TGF-β and connective tissue growth factor are considered key molecules for tissue fibrosis in SSc mouse models.32 By contrast, interferon-γ, a typical type 1 helper T cell cytokine, can suppress tissue fibrosis in SSc mouse models.32–35 We assessed the type I collagen gene proα2 (I) collagen (COL1A2), fibronectin 1, and cytokine mRNA expression in the skin from Scl-cGVHD mice by real-time RT-PCR analysis (Figure 5A). The expression of IL-1β mRNA in the skin of the VX-702–treated group was comparable with that of the control group. IL-6 and IL-13 mRNA expression in the VX-702–treated group was significantly decreased compared to that in the control group. Tumor necrosis factor-α and IL-10 mRNA expression in the VX-702–treated group tended to decrease compared to the control group but not significantly. By contrast, interferon-γ mRNA expression in the VX-702–treated group increased. The expression of TGF-β and connective tissue growth factor mRNA did not change between the VX-702–treated and control groups. Consistent with the skin score and histopathology of Scl-cGVHD mice, COL1A2 and fibronectin 1 mRNA expression in the VX-702–treated group were lower than that in the control group. Thus, the administration of p38 MAPK inhibitor attenuated ECM production and expression of fibrogenic cytokines, such as IL-6 and IL-13.

**VX-702 Directly Inhibits Collagen Synthesis from Fibroblasts**

We next examined the effects of VX-702 on type I collagen gene expression and collagen protein production using real-time RT-PCR assays and hydroxyproline assays, respectively. Skin fibroblasts were cultured with various concentrations of VX-702 in the presence of TGF-β2. As expected, VX-702 significantly reduced COL1A2 mRNA levels in a dose-dependent manner (Figure 5B).
A decrease in COL1A2 mRNA expression was reflected in a significant reduction in collagen protein production, as determined by a hydroxyproline assay (Figure 5B). Thus, the inhibition of p38 MAPK directly suppressed collagen synthesis in fibroblasts.

Discussion

This is the first study to reveal the effect of an orally administered p38 MAPK inhibitor on the development of skin fibrosis in a murine Scl-cGVHD model. The phosphorylation of p38 MAPK was augmented in the inflamed skin from murine Scl-cGVHD mice, and orally administered p38 MAPK inhibitor dramatically prevented the development of skin, lung, and gut fibrosis in Scl-cGVHD mice. Furthermore, the infiltration of immune cells into the skin was significantly reduced in p38 MAPK inhibitor–treated Scl-cGVHD mice compared with the control. The p38 MAPK inhibitor significantly reduced the infiltration of immune cells into the skin of Scl-cGVHD mice. The p38 MAPK inhibitor also attenuated mRNA expression of ECM and fibrogenic cytokines, such as IL-6 and IL-13, in the skin of Scl-cGVHD mice. Furthermore, the p38 MAPK inhibitor directly suppressed collagen synthesis from fibroblasts. These results suggest that the p38 MAPK inhibitor VX-702 may be a promising therapeutic agent in human Scl-cGVHD and SSc.

There are three major MAPK subfamilies (namely, extracellular signal–regulated kinase, c-jun N-terminal kinases, and p38). These MAPK subfamilies play an important role in collagen production. p38 MAPK and extracellular signal–regulated kinase are known to regulate ECM deposition via interaction with the TGF-β pathway. However, among the three major MAPK families, only p38 MAPK plays a positive role in the production of collagen in human dermal fibroblasts. Extracellular signal–regulated kinase activation has been shown to inhibit collagen gene expression. In addition, negative regulation of the c-jun N-terminal kinase signaling pathway has been demonstrated in the production of collagen from dermal fibroblasts. Thus, among the MAPK families, p38 MAPK is the most promising candidate for the treatment of SSc. SSc fibroblasts have been reported to show constitutive phosphorylation and activation of p38 MAPK. Furthermore, activated p38 MAPK in SSc fibroblasts was correlated with increased expression of type I collagen and fibronectin. Taken together, these previous studies suggested the possibility of p38 MAPK inhibitor therapy for SSc. VX-702 selectively inhibits the p38α isoform. The current study showed that VX-702–mediated p38 MAPK inhibition dramatically prevented the development of skin fibrosis in murine Scl-cGVHD mice. In addition, p38 MAPK inhibition directly suppressed collagen synthesis from fibroblasts. In contrast, it was reported that a p38 MAPK inhibitor ameliorated bleomycin-induced pulmonary fibrosis and renal fibrosis in mouse and rat models. A p38 MAPK inhibitor has also been reported to reduce fibrosis after rotator cuff injury in rats. Thus, p38 MAPK inhibitors might be effective for not only SSc but also for other fibrotic diseases. Indeed, pirfenidone, a small-molecule p38 kinase inhibitor, has already been approved in Europe, United States, and Japan for treatment of idiopathic pulmonary fibrosis. Alternatively, a p38 MAPK inhibitor attenuated the allergic inflammatory response in a mouse model of asthma. The current study showed that p38 MAPK inhibition suppressed the contact hypersensitivity response (Supplemental Figure S2). Therefore, administration of a p38 MAPK inhibitor might be useful for not only fibrotic diseases but also allergic diseases. Nonetheless, VX-702 is a potent candidate for the treatment of SSc.

Although p38 MAPK inhibitors have a beneficial effect in fibrotic diseases and inflammatory diseases via regulation of
cytokine production and fibroblast activity, there is a possibility that p38 MAPK inhibitors may have harmful effects in the gut. It has been reported that a p38 MAPK inhibitor worsened weight loss in trinitrobenzene sulfonic acid–induced colitis and dextran sulfate sodium–induced colitis by affecting intestinal intraepithelial lymphocytes, resulting in increased gut cytotoxicity. In contrast, a p38 MAPK inhibitor was shown to improve dextran sulfate

Figure 4  The p38 MAPK inhibitor suppresses the infiltration of immune cells into the skin on Scl-cGVHD mice. A–F: Representative immunohistochemical staining of the skin. Skin tissues were harvested 36 days after bone marrow transplantation (BMT). The number of CD4+ cells (A and B), CD8+ T cells (C and D), and CD11b+ cells (E and F) per high-power field (HPF) in immunohistochemical-stained slides from groups of water-treated or VX-702–treated mice. G–K: Results for fluorescence-activated cell sorting analysis of skin-infiltrating cells are shown. Representative results demonstrate the frequency of skin-infiltrating CD11b+ cells (G), CD4+ cells (I), and CD8+ T cells (J). Numbers of skin CD11b+ cells (H), CD4+ cells (J), and CD8+ T cells (K) 36 days after BMT are also shown. All data are representative of two independent experiments. Data are expressed as means ± SEM (B, D, F, H, J, and K). n = 4 to 6 mice per group (H, J, and K). *P < 0.05, **P < 0.01. Scale bar = 50 μm (A, C, and E).
sodium-induced colitis associated with down-regulation of cytokine production.\textsuperscript{51} The current study showed that a p38 MAPK inhibitor significantly improved body weight loss and gut fibrosis (Figure 2B and Figure 3). Therefore, p38 MAPK inhibition has a beneficial effect in a Scl-cGVHD model.

The phosphorylation of p38 MAPK results in the transcriptional activation of cytokines,\textsuperscript{11,52} such as tumor necrosis factor-\(\alpha\), IL-1, and IL-6, which play an important role in rheumatoid arthritis pathogenesis. Several studies have shown that the p38 MAPK inhibition suppresses cytokine production.\textsuperscript{53} The current study also showed that the p38 MAPK inhibitor attenuated mRNA expression of fibrogenic cytokines, such as IL-6 and IL-13, in the skin of Scl-cGVHD mice. In patients with rheumatoid arthritis, p38 MAPK phosphorylation and activation have been demonstrated in synovial tissues.\textsuperscript{54} Furthermore, blockade of p38 MAPK has been shown to suppress both paw swelling and joint damage in rat models of rheumatoid arthritis.\textsuperscript{11,55} These results indicated that p38 MAPK inhibitors might have therapeutic benefits for patients with rheumatoid arthritis. In a human clinical study, VX-702 was found to be clinically safe and to induce a rapid reduction in the levels of inflammation biomarkers, such as C-reactive protein, the soluble 55-kDa isoform of tumor necrosis factor receptor, and serum amyloid A as early as week 2 of administration.

\begin{figure}[h]
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\caption{The p38 MAPK directly inhibits the collagen synthesis from fibroblast. A: Expression of mRNA for IL-1\(\beta\), IL-6, IL-10, IL-13, tumor necrosis factor (TNF)-\(\alpha\), interferon (IFN)-\(\gamma\), transforming growth factor (TGF)-\(\beta\), connective tissue growth factor (CTGF), procollagen I (COL1A2), and fibronectin 1 in the skin 36 days after bone marrow transplantation. B: Cultured dermal fibroblasts were pretreated with dimethyl sulfoxide (DMSO) or various concentration of VX-702. One hour later, cells were stimulated with 10 ng/mL TGF-\(\beta\)2 and incubated for another 24 hours. Total RNA was extracted and expression of mRNA for COL1A2 was quantitatively analyzed by real-time RT-PCR. Collagen content of fibroblast culture supernatant was determined by hydroxyproline assay. Each sample was analyzed in triplicate. Significance is shown versus fibroblasts with DMSO only. All data are representative of two independent experiments. Data are expressed as means \(\pm\) SEM, \(n = 4\) to 6 mice per group (A). *\(P < 0.05\), **\(P < 0.01\).
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Blockade of p38 MAPK Inhibits Scl-cGVHD

although these effects were not sustained over the long-term.16 This result indicates that the inhibition of p38 MAPK in rheumatoid arthritis patients might have an acute transient effect. The most plausible explanation for the limited effect is the redundancy of signaling networks, such that p38 MAPK blockade might redirect the alternative signaling flow. This aspect needs to be studied and manipulated in future clinical studies.

To conclude, we demonstrated that treatment with VX-702 effectively reduced Scl-cGVHD severity and fibrosis. Blockade of p38a2 MAPK suppressed the infiltration of immune cells into the skin in Scl-cGVHD mice. In addition, we showed that collagen synthesis from fibroblasts was reduced by the blockade of p38 MAPK signaling. Thus, the p38 MAPK inhibitor VX-702 might be a promising candidate for use in treating patients with Scl-cGVHD and SSc.

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Supplemental Data

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References